

# G E N U I N E

October 2024

Albuquerque Sign Language  
Albuquerque Sign Language Academy Breakfast

	<b>01</b>	<b>02</b>	<b>03</b>	<b>04</b>
	Holiday Break	Holiday Break	Holiday Break	Holiday Break
<b>07</b>	<b>08</b>	<b>09</b>	<b>10</b>	<b>11</b>
Holiday Break	Holiday Break	Holiday Break	Holiday Break	Holiday Break
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>Breakfast Entree</b> Turkey Sausage Biscuit <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Breakfast Entree</b> Genuine Breakfast Pizza <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Breakfast Entree</b> Biscuits and Sausage Gravy <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Breakfast Entree</b> Classic Cheddar Pan Omelet <b>Fruit</b> Assorted Fruit <b>Grains</b> Whole Grain Toast <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Breakfast Entree</b> Chocolate Chip Banana Bread <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>Breakfast Entree</b> Turkey Ham & Cheese on a Bagel <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Breakfast Entree</b> Strawberry Yogurt Parfait with Granola <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Breakfast Entree</b> Turkey Bacon, Egg, and Cheese Breakfast Burritos <b>Vegetables</b> Salsa Verde, Scratch <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Breakfast Entree</b> Chilaquiles Egg Bake <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Breakfast Entree</b> Lemon Blueberry Bread <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
<b>Breakfast Entree</b> Egg & Cheese on an English Muffin <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Breakfast Entree</b> French Toast Casserole <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk <b>Misc.</b> Breakfast Syrup	<b>Breakfast Entree</b> Classic Cheddar Pan Omelet <b>Fruit</b> Assorted Fruit <b>Grains</b> Whole Grain Toast <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Breakfast Entree</b> Turkey Bacon, Egg, and Cheese Breakfast Taco <b>Vegetables</b> Salsa Verde <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	

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# G E N U I N E

October 2024

Albuquerque Sign Language  
Albuquerque Sign Language Academy Lunch Grades K-8

	01 Holiday Break	02 Holiday Break	03 Holiday Break	04 Holiday Break
07 Holiday Break	08 Holiday Break	09 Holiday Break	10 Holiday Break	11 Holiday Break
14 <b>Lunch Entree</b> Grilled Cheese Sandwich <b>Vegetables</b> Tomato Soup <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	15 <b>Lunch Entree</b> Bean & Cheese Burrito <b>Vegetables</b> Fiesta Corn <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	16 <b>Lunch Entree</b> Hot Dog (Deconstructed) <b>Vegetables</b> Savory Baked Beans <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk <b>Misc.</b> Mustard Ketchup	17 <b>Lunch Entree</b> Sweet & Sour Chicken Thigh <b>Vegetables</b> Honey Ginger Green Beans <b>Fruit</b> Assorted Fruit <b>Grains</b> Bar: Egg Fried Rice <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	18 <b>Lunch Entree</b> Chicken Alfredo over Whole Grain Spaghetti <b>Vegetables</b> Steamed Broccoli <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk
21 <b>Lunch Entree</b> Chicken Bacon Ranch Flatbread <b>Vegetables</b> Garden Salad <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	22 <b>Lunch Entree</b> Chicken Sandwich <b>Vegetables</b> Baked Beans Roasted Sweet Potato <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	23 <b>Lunch Entree</b> Chicken Parm Sandwich <b>Vegetables</b> Buttered Parsley Potatoes <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	24 <b>Lunch Entree</b> Cheesy Baked Ziti <b>Vegetables</b> Garden Salad <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	25 <b>Lunch Entree</b> Chicken Nuggets <b>Vegetables</b> Chili Roasted Sweet Potatoes Creamy Coleslaw <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk
28 <b>Lunch Entree</b> BBQ Chicken <b>Vegetables</b> Baked Beans Creamy Coleslaw <b>Fruit</b> Assorted Fruit <b>Grains</b> Whole Wheat Dinner Roll <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	29 <b>Lunch Entree</b> Walking Taco <b>Vegetables</b> Mexicali Seasoned Corn Shredded Lettuce & Tomatoes <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	30 <b>Lunch Entree</b> Popcorn Chicken Bowl <b>Fruit</b> Assorted Fruit <b>Grains</b> Whole Grain Biscuit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	31 <b>Lunch Entree</b> Meatball Marinara Sub <b>Vegetables</b> Roasted Potato <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	

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# G E N U I N E

October 2024

Albuquerque Sign Language  
Albuquerque Sign Language Academy Lunch Grades 9-12

	<b>01</b>	<b>02</b>	<b>03</b>	<b>04</b>
	Holiday Break	Holiday Break	Holiday Break	Holiday Break
<b>07</b>	<b>08</b>	<b>09</b>	<b>10</b>	<b>11</b>
Holiday Break	Holiday Break	Holiday Break	Holiday Break	Holiday Break
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>Lunch Entree</b> Grilled Cheese Sandwich <b>Vegetables</b> Tomato Soup <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Bean & Cheese Burrito <b>Vegetables</b> Fiesta Corn <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Hot Dog (Deconstructed) <b>Vegetables</b> Baked Beans <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk <b>Misc.</b> Mustard Ketchup	<b>Lunch Entree</b> Sweet & Sour Chicken Thigh <b>Vegetables</b> Honey Ginger Green Beans Orange Ginger Carrots <b>Fruit</b> Assorted Fruit <b>Grains</b> Fried Rice <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Chicken Alfredo over Whole Grain Spaghetti <b>Vegetables</b> Steamed Broccoli <b>Fruit</b> Assorted Fruit <b>Grains</b> Bar: Whole Wheat Dinner Roll <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>Lunch Entree</b> Chicken Bacon Ranch Flatbread <b>Vegetables</b> Steamed Corn Creamy Coleslaw <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Chicken Sandwich <b>Vegetables</b> Baked Beans Roasted Sweet Potato <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Teriyaki Chicken Noodle Bowl <b>Vegetables</b> Veggie Stir-Fry with Ginger 1c <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Cheesy Baked Ziti <b>Vegetables</b> Fresh Roasted Broccoli with Garlic <b>Fruit</b> Assorted Fruit <b>Grains</b> Bar: Whole Wheat Dinner Roll <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Creamy Green Chili, Chicken & Rice Casserole <b>Vegetables</b> Garden Salad Green Beans <b>Fruit</b> Assorted Fruit <b>Grains</b> Bar: Whole Wheat Dinner Roll <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
<b>Lunch Entree</b> BBQ Chicken <b>Vegetables</b> Baked Beans Creamy Coleslaw <b>Fruit</b> Assorted Fruit <b>Grains</b> 2 Whole Wheat Dinner Rolls <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Walking Taco <b>Vegetables</b> Mexicali Seasoned Corn Shredded Lettuce & Tomatoes <b>Fruit</b> Assorted Fruit <b>Grains</b> Mexican Style Rice <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Popcorn Chicken Bowl <b>Fruit</b> Assorted Fruit <b>Grains</b> Whole Grain Buttermilk Biscuit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	<b>Lunch Entree</b> Meatball Marinara Sub <b>Vegetables</b> Roasted Potato <b>Fruit</b> Assorted Fruit <b>Milk</b> 1% Lowfat Milk Fat Free Chocolate Milk	

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